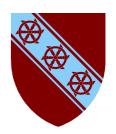


St Catherine's College Rowing Society St Catherine's College Oxford OX1 3UJ



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3rd July, 2010

In this issue ...

The second newsletter of each term is traditionally turned over to reporting events of the current Boat Club and, with the inclusion of the Ben Sylvester Award, there has been no problem filling it with Captains' reports, bumps charts, crew lists and photos from Summer Eights. It was definitely a tale of two boat clubs: the men not only going up as many places as the women went down, but, with a certain satisfying symmetry, on every occasion a women's crew got bumped, their male counterparts promptly went out and bumped someone else. Fortunately, this pattern wasn't noticed at the time otherwise an awkward situation might have developed in the boathouse (although I'm sure our men's crews would never have resorted to cheering for the women's opposition).

Results

Rowing On, 21st May

Top 25 crews to qualify			
Men's III	3:12.5	29 th/43	Failed
Men's IV	3:30	39 th / 43	Failed



The Catz Men's 1st Eight in buoyant mood after a successful week's racing. There must have been a sudden rain shower in an otherwise sunny week because these gentlemen would never have violated OURCs rules about jumping in the river. No, not this crew. No way.

Eights 26–29th May

	Wed	Thu	Fri	Sat	Finish
Men's I	=	+1	+1	+1	6th Div I
Women's I	=	-1	-1	-1	4th Div II
Men's II	=	=	+1	=	9th Div IV
Women's II	=	=	-1	=	$7 \mathrm{th} \ \mathrm{Div} \ \mathrm{IV}$

Eights 2010 Bumps Charts

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EXETER	\sim
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2010 St Catherine's Eights

Men's 1st Eight	Women's 1st Eight
B Gareth Morgan	B Amanda Boyce
2 Malcolm Spencer	2 Alice Pooley
3 Jeff Douglass	3 Rebecca Argall
4 Chris Rees	4 Erica Marcus
5 Martin Walsh	5 Ilsa Haeusler
6 Hugh Taylor	*6 Danielle Bishop
7 Rob Gerlach	7 Octavia Seymour
S Alex Sanders	S Emma Clifton
C Jack Plummer	C Theresa Kevorkian

*Wed & Thu sub: Jessica Harm

Men's 2nd Eight Women's 2nd Eight

B Felix van Litsenburg	B Lean Carden
2 Ed Richardson	2 Alice Godwin
3 David Ashmore	3 Alice Higgins
4 Zevic Mishor	4 Isla Smith
5 John Risness	5 Margherita Philipp
6 Martin Ramsdale	6 Laura McLaren
7 David Longworth	7 Georgina Davis
S Phillip McCullough	[†] S Emma Holmes
C Christina Hookham	C Malcolm Spencer
† Fri su	b. Sarah Hodgson

Men's	3rd	Eight	Men's 4t	h Eight
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B James Baker	B Matthew McGilvray
2 Jamie Grant	2 Erica Marcus
3 James Boxall	3 Kenneth Yarham
4 Rhys Danino	4 Jaron Abelsohn
5 Paul Phelps c	5 Ben Gazzard
6 Jen Jian Ping	6 Christoph Haase
7 Antoine Robin	7 Henning Hinz
S Toby Smyth	S Joseph Chedrawe
C Phillip McCullough	C Emma Holmes

Women's Boat Club Report

Ilsa Haeusler, Women's Captain

Trinity Term 2010 began in 0th week for many of our number. Keen to get back on the water, the women organised outings each day the week before term began. Theresa, our new cox, had to settle for bankriding us during the week as she waited patiently for her coxing licence to arrive! The weather was kind to us, making the atmosphere even more enjoyable. The only downside to this week of sun-filled rowing was the airspace closure, which kept a few of the women trapped in very luxurious sounding places!

After 0th week, we set the boats and immediately began our ambitious training schedule. Each week leading up to Eights, we completed five water outings per week, one erg and one day off. The training was tough but improvements were being made each

week and we had a huge stock of biscuits and marshmallows in the boathouse to keep us going.



The Women's 1st Eight rowing over at the top of Div II on the Wednesday.

After five weeks of heavy training, the Womens 1st Eight were looking forward to putting all of these hours to the test. With only a few days till racing began, one of our crew suffered a bike-riding injury, which meant she would be unable to row with us during Summer Eights. Luckily we still had a couple of options left, and were very pleased to welcome Erica to the crew. Whilst she hadn't been rowing with us for very long, she was incredibly enthusiastic and it was a lot of fun having her join us. We are all very grateful to her for coming and filling the four seat.



Taxi for Mr Spencer! The cox of the Catz women's 2nd Eight conceding the bump having had a few steering issues off the start on the Friday (not actually his fault!) and ending up stuck in the bank.

We had not yet run out of bad luck; another of W1 became very ill close to the first day of racing, and it was a great shame that a member of W2 broke her ankle. Unfortunately we didn't have a very large pool of women to draw upon, but after some very lengthy (and rather panicked) conversations, we found a solution. Thank you very much to those people who helped us out by rowing or offering to row; we really wouldn't have been able to enter both our boats if we had not had people like you to give us a hand!

The 1st Eight began well, rowing over twice on the first day. However we fell three places during the following three days, and although this was not the result we wanted, we finished strongly on Saturday by holding of a speedy Keble crew until Boathouse Island, even though the race looked like it was going

to be over a lot sooner! The 2nd Eight did extremely well, holding their position for the first two days. After being bumped on the third day, the crew were keen to take their revenge and only missed by a tiny amount.



The Women's 2nd Eight in their more normal 'rowing over' mode on the Saturday.

Although the results weren't as we hoped they would be, all of the women have put in an enormous amount of effort this term, and we have all improved greatly. I hope everyone has had a very enjoyable term and thank you again to everyone for helping me out during many panicked moments!



Catz leading off Women's Div II on the Thursday.

Men's Boat Club Report Phil McCullough, Men's Captain

For once this year, the weather was beautiful, resulting in nothing but green flag. It was a shame the heavens decided to open for Saturday of Summer Eights, but even that couldn't hold back the men's good spirits.

After being bumped by Balliol in Torpids, the men's first boat returned with even more determination. Their composition looked in doubt at times, as we had to have the inclusion of both 2010 Blue Martin Walsh and their cox, Jack Plummer, approved in

two separate Captains' Meetings. With the uncertainty aside, they knuckled down and trained on the water five times per week with Rachel.

The lower boats were lucky enough to have a large base of rowers to choose from, and with some very promising 2k erg test scores, crew selection was a very tough process. M2 were looking to improve upon their bump in Torpids. We entered the Spring Seconds Regatta at the end of Hilary, but with at least five hung-over faces in the boat from the previous night's crew-date, we'd rather forget that day. Knowing that we had a long mountain to climb, the training schedule was as intense as the firsts', with coaching from lightweight Gareth Morgan.

M3 were coached by captain-elect Martin Ramsdale, and were a very promising mix of seniors and novices that I had a great time coxing. We even had enough for a fourth, graduate-heavy boat organised by long-time contributor Rob Gerlach.

As per usual, M3 and M4 had to qualify for Eights. Sadly, luck was not on our side, as M4 lost a rower due to a prolific de-seating, and the thirds missed out on qualifying by five seconds because of two very large crabs. I am sure both crews enjoyed the experience, and hopefully they'll be back at the start of next year, keen to continue.



The Men's 2nd Eight stretching in the boathouse before their first race.

Soon after, Eights was upon us. For two days, M2 held off a very strong Hertford boat whilst attempting to chase Worcester. We got our inevitable bump on a falling Keble on Friday, affording us a free shot at Worcester on the Saturday. Playing the long game, we capitalised on their lack of stamina at Boathouse Island, before gaining overlap on the meadows. Sadly, we ran out of river. Still, up one for the week is a good result in a tough division (as the 12th highest second boat), and a far cry from the embarrassment of last year.



The Men's 1st Eight closing for the bump on Magdalen on the Friday.

This, however, was nothing compared to the mighty Firsts. Hertford bumped out ahead of them on day one, leaving them only a day's immunity against Wolfson. Yet they caught Teddy Hall on the Thursday sooner than Hertford did. Arch-rivals Magdalen were next up, and the crew took immense pleasure in righting a history of near-misses, sending them to face inevitable spoons. Saturday brought a bump against Balliol, yet again faster than Hertford managed. Up three to sixth on the river, the crew finally got the result they deserved.

I believe the men are now in a position where we can aim for all-time high positions on the river, and I wish Martin the best of luck and offer him all the help in the world to make this happen.

To Rachel and Jack, for the world-class coaching they brought to the first boat and beyond; to Ilsa this year's committee, for all the patience and assistance they have given me; to Anu, for reasons that need no mentioning; and to all the oarsmen, for all their enthusiasm and dedication: Thank you! You've all made a very demanding twelve months (not to mention 16 early mornings in just 4 weeks) undeniably worth it.

2010 Ben Sylvester Award

A Benjamin F. Sylvester, Jr medal will be given annually to the member of the Boat Club who has most significantly contributed to enhancing the rowing life of St Catherine's College, Oxford.

The winner of the 2010 award is Jack Plummer. Also nominated were: Emma Clifton, Robert Gerlach, Christina Hookham and Zevic Mishor.

A former Eton and GB Junior International cox, Jack kept his head down during his first term at Oxford, but eventually surfaced to take up the cox's seat of the Men's 1st VIII at the start of 2009, and this year also coxed the Women's 1st Torpid. Those who nominated Jack described him as 'the driving force

behind M1', and 'committing himself passionately to College rowing'. Although not part of the Boat Club committee, 'he was instrumental in getting the crews together and in ensuring they train over both Xmas and Easter holidays, and at every step of the way has pushed for more training, more outings, and has aimed higher and higher.'



Jack Plummer (left) (obviously) receiving the Ben Sylvester Medal from Rowing Society Chairman, Kevin Skinner on the Saturday of Eights. I assume the Men's 1st Eight bump later that day gave Kevin an opportunity to open that bottle he's carrying in his pocket.

Coming Up ...

So that's another student year over, and I hope those of you on the RS emailing list enjoyed my daily reports during Eights. However, for the big boys the season is just starting: in the next newsletter there will be reports on Andy Triggs Hodge's (M.04) summer campaign to finally get the better of the New Zealand pair before the next World Championships (to be held rather later than usual — at the end of October — in New Zealand). As far as I know, Martin Walsh is our only other alumnus competing at Henley, but if any of you are planning on taking part in Oxford Royal Regatta let me know and I'll bring my camera. Also in the next newsletter, an item on the Boat Club of 50 years ago, which wouldn't be fitted in to this issue, and I'll be prompting a few people to contribute to the 'News from Alumni' section.

Anu Dudhia email: dudhia@atm.ox.ac.uk Row.Soc: http://www.atm.ox.ac.uk/rowing/rs.html www.facebook.com/group.php?gid=93221115264

Diary

2–5 Mar 2011 Torpids 1–4 Jun 2011 Eights