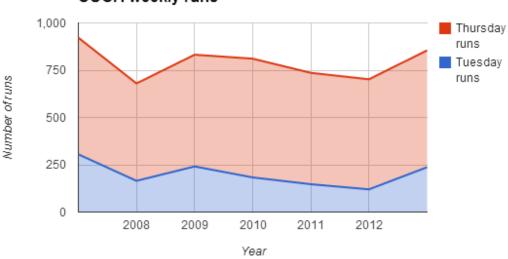
OUCH Statistics Report 2013

Victoria Bennett and Anu Dudhia, 21st Nov 2013

Tuesday and Thursday Running

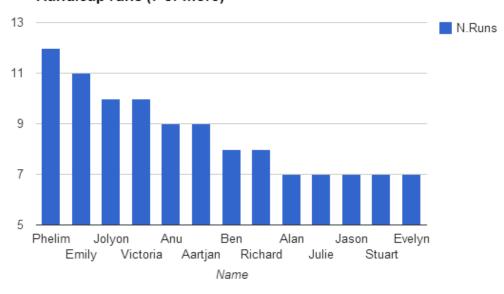
- 237 Tuesday runs completed; 618 Thursday runs completed
- Most regular Tuesday runners: Anu, Chris L, Nick
- Most regular Thursday runners: Victoria, Jolyon, Alan

OUCH weekly runs



- Phelim retains his 100% handicap attendance prize
- 146 handicaps this year

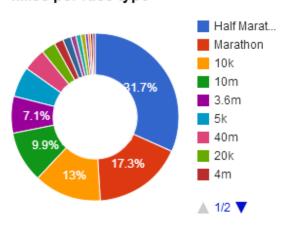
Handicap runs (7 or more)



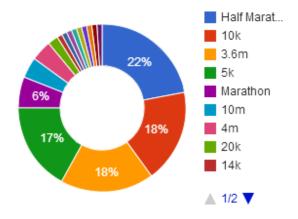
Racing

- 106 person-races completed
- 910 miles raced
- Most raced: Emily (292.5 miles; 13 races), Victoria (176.3 miles; 16 races), Alan (139.5 miles; 10 races), Jolyon (139.6 miles; 8 races), Jason (115.3 miles; 7 races), Stuart (73.6 miles; 9 races)
- Highest attended races: Teddy Hall Relays (18 runners), Maidenhead 10 (6 runners), Otmoor Challenge (6 runners), Oxford Town and Gown (4 runners)

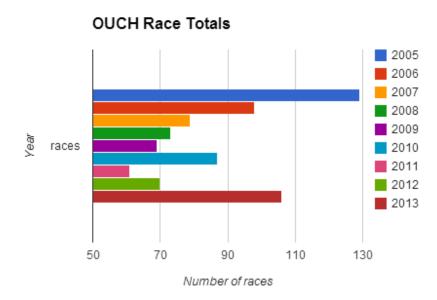
Miles per race type

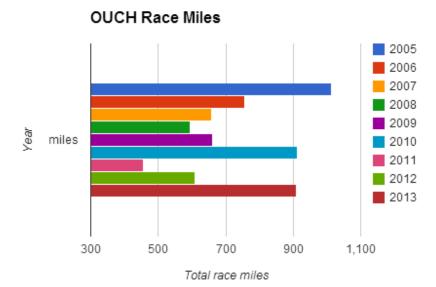


Runners per race type



- More racing than last 7 years (number of events entered)
- More racing than last 2 year (number of race miles completed)





Chips and Beer

- We continue to eat chips and drink beer
- Calories consumed: 681,280
- Calories burned: 92,430 (Tuesdays), 302,820 (Thursdays), 91,00 (Races)

Eating and Drinking

